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# Effects of Class III Malocclusion on TMJ Morphology - A Review

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Type of Publication: Review Article

# **Conflicts of Interest: Nil**

# Abstract

The present study aimed to examine potential changes in TMJ complex made by class III malocclusion compared to normal posture. For this purpose, two independent authors reviewed articles in various languages in PubMed, Scopus, Cochrane, Embase, and Google Scholar databases being available from 2010 to 2021. Articles on TMJ morphology, glenoid fossa, articular eminence, condyle in people with class III malocclusion were reviewed, and their references were identified and reviewed, too. About 78 primary studies were identified of which 15 were selected according to inclusionexclusion criteria. Class III occlusion can have impacts on the TMJ complex. Some of these impacts are increasing condyle size as well as decreasing articular eminence inclination, which was confirmed in the reviewed studies. However, impacts like changes in glenoid fossa and condyle position remain controversial.

In sum, the effects of occlusion on TMJ require more research.

# **Keywords:** TMJ, Morphology, Radiography **Introduction**

TMJ is a complex joint for its anatomical, histological and biomechanical features. TMJ morphology varies among different people; even, left condyle and right condyle have differences in one person [1].

The condyle is an important area of growth in the face that is capable of remodeling in response to stimuli even when normal growth of the body stops. TMJ developmental changes are dependent on age and gender to some extent. Because TMJ can influence the longterm impacts of orthodontic treatment, much attention is paid to morphology and position of the condyle in orthodontics [2, 3].

Radiography is a valuable way of assessing TMJ structure. 2D radiography techniques have been widely

used to examine condyle morphology. These days, CBCT 3D radiography techniques, with lower exposure dose compared to common 3D CT techniques, allow a full confident analysis of TMJ and condyle [4].

Regarding angle classification that is the most common method used in Orthodontics, people are divided into classes I, II, and III [1]. Some studies reported a significant relationship among types of occlusion, and the shape of mandibular fossa and the condyle.

Various studies are available on the effects of occlusion on the temporomandibular joint (TMJ). The bulk of the studies has addressed potential changes caused by class III in TMJ. However, there are some problems: 1) inconsistencies among the studies are observable; 2) settings and samples are varied, and 3) aspects and components of joint structure and the definitions for them are different.

Therefore, a proper conclusion for researchers is of great importance for this issue. Regarding the abovementioned, as well as the lack of a review in this field, the present study was conducted.

Objectives of the study are as follows:

1. Drawing conclusions of class III malocclusion effects on TMJ

2. Giving recommendations for a unified procedure and unification of structural components in addressing TMJ change

# Methodology

**Research Strategy:** Searches in PubMed, Scopus, Cochrane, Embase, and Google Scholar databases for studies from 2010 to 2020 in all languages was done with the following keyword and Mesh term was incorporated, too: temporomandibular joint, TMJ, cone beam computed tomography, CLASS I, CLASS III, orthodontic angle class I, orthodontic angle class III

# **Inclusion criteria**

All of the cross-sectional or retrospective and casecontrol studies were selected for the review. Letter to editor and thesis studies were excluded. In the present review, the selected studies included all cases with class III and class I malocclusion without any joint pathology. All cases of condyle size, condyle volume, articular eminence inclination, mandible condyle and glenoid fossa morphology, condyle position, joint space, which were examined by the 3D CBCT radiography in the reviewed studies, were included in the present studies.

To exclude the problematic cases, studies with undertreatment subjects and the ones with subjects suffering from asymmetry or disorders of joints were excluded.

# Selection Process

The summary of the studies was fully reviewed by two authors to assess inclusion-exclusion criteria; the qualified studies were selected and any inconsistencies were resolved by the two.



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# **Data Collection**

Table 1:

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Author	Type of Study	Sample Size	Type of	Addressed Characteristics	
			Radiography		
Hasebea et	retrospective	166 subjects (61 men, mean age: 27.2	CBCT	condylar length, height, and width	
al.(5)	study	6 7.6 years; 105 women, mean age:			
		27.4 6 9.2 years).			
Jyotirmay	retrospective	266 study participants 112 males and	CBCT	length, width, and height of the	
et al.(6)	study	144 femalesthe age group 18-26 years		condyle	
Khademi et	retrospective	64 patients	CBCT	Depth, width, and angle of the glenoid	
al(7).	study			fossa	
Mostafavi	retrospective	198 patients within the age range of	CBCT	size of the condyle, area of the	
et al.(8)	study	15-64 years, including 68 males and		condyle, and morphology index	
		130 females			
Yamashita	retrospective	233 asymptomatic patients18 to 65	CBCT	the volume of the mandibular condyle	
et al.(9)	and	years (mean $37.52 \pm 12.96$ years)		(MC) and the coronoid process (CP)	
	observational				
	study				
Arrieta-	retrospective	45 subjects 18 and 35 years old	CBCT	condyle position(Upper distance	
Miranda et	study			Posterior distance Anterior distance	
al.(10)				Angle of eminence Height of	
				eminence)	
chae et	Retrospective	120 adolescent patients (10 to ,20	CBCT	Temporomandibular joint space	
al.(11)	study	years old)		(TMJS: AS, anterior space; SS,	
				superior space; PS, posterior space;	
				MS, medial space; LS, lateral space),	
				width and depth of the condyle (MLT,	
				mediolateral thickness; APT,	
				anteroposterior thickness), articular	
				slope (ArS) vertical height of the	
				fossa (VHF)	
ganesh et	retrospective	45 patients with Skeletal Class I	CBCT	the sagittal slice were evaluated for	
al.(12)	study	(group-1), Class II Division I (group-		concentric position of condyle in the	
		2) and Class III malocclusions (group-		fossa and also to assess the depth of	
		3),		the mandibular fossa the symmetry	
		15 subjects each ranging in age from		between the positions of	
		15 to 40 years		condylemandibular fossa was assessed	
				on the axial slice.	

lobo et al.(13)	Retrospective study	180 asymptomatic patients age (<40 years, n <sup>1</sup> /490; _40 years, n <sup>1</sup> /490) sex (male, n <sup>1</sup> /490; female, n <sup>1</sup> /490).	CBCT	Right- and left-sided TMJ spaces, articular eminence inclination (AEI) and height (AEH) ,thickness of the roof of the glenoid fossa (TRGF) the anteroposterior position of the condyle in glenoid fossa
Loiola et al.(14)	Retrospective study	55 patients 21 were male and 34 female aged between 19 and 59 years	CBCT	condylar volume and surface
Mishra et al.(15)	Retrospective study	20 patients in the age range of 7-14 years	CBCT	Condylar position (antero-posterior, vertical, laterolateral position of condyle, axial condylar angle and coronal condylar angles which were measured in axial, coronal and sagittal sections
Paknahad et al. (16)	Retrospective study	20 patients presenting with a Class I skeletal pattern, 20 with a Class II skeletal pattern, and 20 with a Class III skeletal pattern	CBCT	Condylar position
Saccucci et al.(3)	Retrospective study	200 Caucasian patients (15–30 years old, 95 male and 105 females) class I (65 patients), skeletal class II (70 patients) and skeletal class III (65 patients).	CBCT	Condylar volume condylar area morphological index (MI)
Santander et al.(2)	cross-sectional study	111 adult patients (mean age = $27.0 \pm 10.2$ years)	CBCT	<ul> <li>condylar morphology: linearly by the condylar width ,height and depth;</li> <li>angularly by the antero-posterior and medio-lateral condylar inclination;</li> <li>volumetrically by the ratio of the condylar volume/ mandibular volume</li> <li>(C/Mand).</li> </ul>
Song et al.(1)	Retrospective study	123 Chinese patients (13–36 years old, 60 males, and 63 females) skeletal class I (31 patients), skeletal class II division 1 (30 patients), skeletal class II division 2 (30 patients), and skeletal class III (32 patients).	CBCT	position of condyle (analyzed according to Pullinger.) glenoid fossa morphology condylar morphology Joint spaces

Author	Condylar dimension	Condylar	glenoid fossa	oid fossa Articular ension eminence	condyle-to-fossa joint spaces	position of condyle
		Volume	dimension			
				inclination		
Hasebea	In the					
et al.(5)	anteroposterior					
	skeletal patterns, the					
	basic statistics of					
	Class III as the					
	largest average					
	value.					
Jyotirmay	significant					
et al.(6)	difference in length					
	of the condyle in					
	class I, class II, and					
	class III conditions					
	with $p \ge 0.05$ . The					
	width and height of					
	the condyle were					
	greatest in class III					
	condition while they					
	were lowest in class					
	I condition. The					
	width and height of					
	the condyle in class					
	II condition were					
	more than that of					
	class I but less than					
	that of class III					
	condition. The					
	difference was					
	statistically					
	significant with p $\leq$					
	0.05.					
Khademi			The glenoid			
et al.(17)			fossa in class I			
			patients was			
			wider than class	2		

III patients.

# There were no statistically significant differences in the angle and depth of glenoid fossa in patients with a different sagittal skeletal pattern. Mostafavi The mean . et al.(8) condylar volume and surface, as well as the morphological index, were higher in class III patients, compared with classes I and II patients Yamashita The Dunn test et al.(9) showed that there were statistically higher values in the condylar volume of Class **III** patients when compared to Class II (p <0.05). Arieta-For the The upper Miranda articular distance of the et al.(10) eminence condyle to the glenoid fossa angle, there

was a	was smaller in
statistically	the class II and
significant	class III
(p < 0.001)	compared with
difference	the class I group.
between the	The anterior
three	distance of the
groups, and	condyle to the
it was	articular
further	eminence
observed	showed
that the class	significant
III group	differences when
showed	comparing the
a smaller	class I with the
angle of	class II and class
eminence	III groups. No
than the	statistically
class II	significant
group. Also,	difference was
both class II	noted in the
and III	posterior
groups had	condylar
smaller	distance between
angles than	the groups.
the class I	

### group.

measurements in the sagittal view showed that SS was the greatest, and the mean ratio of AS to SS to PS was 1.00 to 1.27 to 1.19, respectively. The mean values of

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Most

# chae et al.(11)

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al.(13)		AEH were	variables were	
lobo et		The AEI and	When the	
	malocclusion.			
	III than Class I			
	height in Class			
	increased fossa			
	indicating an			was observed
	1 05mm			statistically significant
	with mean			respectively No
	malocclusion			with the overall P
	(8.9±1.4mm)			With the overall D
	and Class III $(9.0 \pm 1.4 \text{mm})$			ClassIII IS 48.2MM;
	(/.&±1.UMM)			ClassII is 4/./mm;
	$(7.8 \pm 1.0)$			in Class Lie 47 7
	tossa between			tett condylar processes
	mandibular			geometric centre of the
	the depth of the			aistance from the
	(P=0.031) in			P value=0.296.The mean
	difference		observed.	4/.9mm with the overall
	significant		difference was	4/./mm; ClassIII is
	statistically		significant	46.6mm; ClassII is
	revealed a		statistically	sagittai plane in Classl is
	the right side		groups no	processes to the mid-
	the sight side		between the 3	processes to the mild
al.(12)	test between the		between the 2	the right condular
ganesn et	Ine ANOVA		Based on the	the geographic states from
aanach at			Pauern.	The mean distance for m
			and skeletal	
			according to age	
			differences	
			statical	
			showed no	
			mean value	
			different. the	
			significantly	
			LS were not	

		significant	related to the
		lower in	facial patterns,
		classes III	there was a
		and I	statistically
		patients	significant
		presented	difference for all
		the lowest	measurements,
		values for	except for AS.
		TRGF.	
Loiola et	The groups		
al.(14)	were compared		
	to each other,		
	and no		
	statistically		

	statistically	
	significant	
	difference was	
	found between	
	the three	
	skeletal patterns	
	(p = 0.588).	
Mishra et		Independent t-test and
al.(15)		Mann-Whitney U test

et al. (16)

Saccucci et al.(3)

subjects in skeletal class III showed a significantly

higher condylar



showed no significant difference between position of condyle in Class I and Class III

subjects.

No significant

were detected.

differences in condylar position between Class I and Class III subjects

		volume, respect			
		to class I and			
		class II subjects			
		(p < 0.05).			
Santander	Participants with				
et al.(2)	skeletal Class III				
	demonstrated				
	smaller condylar				
	depth compared to				
	Class I participants.				
	The ratio C/Mand				
	and condylar height				
	were higher in Class				
	III than in Class				
	I or II cases.				
Song et	Compared with		The width of	There were	The condyle position in
al.(1)	class II1,		joint fossa was	significant	class III subjects was
	II2, and III subjects,		significantly	differences	more anteriorly
	the height and		larger in Angle	between class III	displaced compared with
	diameter of condyle		class III than in	subjects and	that in class I subjects.
	in class I was		Angle class I,	class I, II1, II2 in	
	significantly larger		II1, and II2,	the superior joint	
	(p < 0.05).		while the depth	space	
			was		
			significantly		

smaller

### Table 2

### Discussion

### 1. Condylar size

According to Hasebea [5] and Jyoti may ]6], in clients with class III occlusion, condyle dimensions (length, width, height) were significantly bigger compared to class I occlusion. In the study by Santander [2], the height and length of condyle were larger in class III. Song [1] reported a considerably larger condyle diameter in class I compared to class III. Regarding Condylar volume, Mostafavi [8] and Saccucci [3] reported a larger volume in class III occlusion compared to class I. However, Yamashita [9] and Loiola [14] reported no significant difference in condyle volume. Although the related literature, especially studies with bigger sample sizes, reported a bigger condyle size in class III, no certain conclusions can be drawn.

2. Glenoid fossa dimensions

Khadami [17] reported significant relationship in fossa width but length had no difference in class I and class III, but Song [1] reported bigger width of fossa in class

III. Ganesh [12] showed that fossa length was larger in class III while Song [1] reported a much smaller fossa length in class III. According to the studies, a small sample size and inconsistent conclusions allow no certain conclusions on the effect of class III occlusion on glenoid fossa dimensions.

3. Articular eminence inclination

Studies by Arieta-Miranda [10] and Lobo [13], a shower that articular eminence inclination was significantly smaller in Class III than in class I.

4. Condyle to fossa joint spaces

In studies by Chae [11], Ganech [12], Mishra [15] and Paknahad [16], no significant differences between condyle position and condyle to fossa joint spaces were reported. Arieta-Miranda [10], Lobo [13], and Song [1] showed that superior joint space of condyle in class III was lower compared to class I.

# Limitations

In sum, in the conclusion of reviewing studies on TMJ changes caused by class III malocclusion the very first issue was the number of anatomic and structural components used to describe the same features. In the final studies reviewed for the present study (N=15), 17 parameters were identified<sup>1</sup> that refer to 4 major characteristics of TMJ.

# Recommendations

The importance of descriptive studies in epidemiology and etiologic investigations implies designing studies that allow drawing conclusions and proper presentation of the collected data. Hence, the following recommendations are given for future studies on class III malocclusion

- 1. Condylar length, height, and width
- 2. Depth, width, and angle of glenoid fossa

- 3. Size of condyle
- 4. Area of condyle
- 5. Morphology index
- 6. Volume of the mandibular condyle (MC)
- 7. Condyle position
- 8. Temporomandibular joint space
- 9. Articular slope (ArS)
- 10. Articular eminence inclination (AEI)
- 11. Articular eminence height (AEH)
- 12. Thickness of the roof of the glenoid fossa (TRGF)
- 13. Morphological index (MI)

14. Angularly by the antero-posterior and medio-lateral condylar inclination

15. Mandibular volume (C/M and)

16. Glenoid fossa morphology

17. Condylar morphology

1. Determination of major indices of TMJ changes as well as quantitative definitions for major parameters for investigations

2. Definition of inclusion/ exclusion criteria so that problematic factors do not influence the results

In the present review, because of under-treatment subjects or subjects with asymmetry or disorders comorbid with class III, influences on the main results were probable and so these individuals were excluded from the review. Therefore, the following is recommended:

# A) Assessed characteristics

1.)Condyle size: examining condyle dimensions (maximum length, width, and height/depth)

Condylar Width, Distance from Most lateral point of the condyle to Most medial point of the condyle

Condylar length, Most anterior point of the condyle to Most posterior point of the condyle Condylar Height, Distance from SCo perpendicular to Line perpendicular to R-tan tanging the deepest point of the mandibular incisura.



Condylar length



Condylar Height



Condylar Width







1. Glenoid fossa size: condyle dimensions (maximum length, width, height)



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a) Depth of glenoid fossa

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2. Articular eminence size (height): Dimensions of articular eminence (height)

3. Articular eminence inclination: slope or angle between eminence apex and its side.



Articular eminence inclination (AEI) articular eminence height (AEH) Frankfort plan (F)



4. The relationship between articular eminence point with condyle apex with mouth open



5. The position of the condyle in the glenoid fossa (measuring the distance of condyle to fossa from front, up, side)



As. Anterior space; ss, superior space; ps, posterior space;



### **B) Inclusion criteria**

To be included in the study, the subjects must lack any: asymmetry that affects TMJ and joints like arthritis rheumatoid (juvenile arthritis rheumatoid), acute TMJ trauma, mandible fractions, TMJ involving pathologies, face surgeries, and radiotherapy of TMJ area.

# A) Bigger sample sizes

### Conclusions

Class III occlusion can influence the TMJ complex. Bigger condyle size, smaller articular eminence inclination is among the impacts supported by evidence. However, cases like glenoid fossa dimensions and condyle position remain controversial. Generally, occlusion impacts on TMJ still require more studies.

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